



Dear Families,

The following list of support programs and agencies are available to you. These may be beneficial to you and/or your loved ones when faced with difficult situations.

Counseling Services

Care Plus NJ

Fair Lawn Mental Health Center
17-07 Romaine Street
Fair Lawn, NJ 07410
201-797-4501

**Fairleigh Dickinson University, Center
for Psychological Services**

131 Temple Avenue
Hackensack, NJ 07601
201-692-2645

**Care Plus NJ Korean American
Outreach Services (KAOS)**

610 Valley Health Plaza
Paramus, NJ 07652
201-265-8200

Children's Aid and Family Services

148 Prospect Street
Ridgewood, NJ 07450
201-445-7015
www.cafsnj.com

**Holy Name Hospital (Korean Medical
Program)**

718 Teaneck Road
Teaneck, NJ 07666
201-833-3399
www.kholyname.com

Perform Care (In-home therapy)

-Parent must call to make a referral
877-652-7624

**Compcare (Comprehensive Behavioral
Healthcare)**

395 Main Street
Hackensack, NJ 07601
201-646-0333

**Jewish Family Services of Bergen and
North Hudson**

1485 Teaneck Road
Teaneck, NJ 07666
201-837-9090

Vantage Health System

93 West Palisades Avenue
Englewood, NJ 07631

West Bergen Mental Healthcare

120 Chestnut Street
Ridgewood, NJ 07450
201-444-3550

Crisis Intervention

**Call Perform Care who can dispatch Children's Mobile
Response & Stabilization Services (CMRSS)**

877-652-7624

-If a minor or 18-21 year old is experiencing behavioral or
emotional crisis CMRSS will respond within 1 hour of contact if
there is no immediate danger to self or others.

Bergen New Bridge Medical Center

230 East Ridgewood Avenue
Paramus, NJ 07652
201-967-4000

Psychiatric Emergency Screening Program (PESP)

201-262-HELP (4357)

-Call if minor appears to be dangerous to self or others
-PESP provides mobile outreach with police

Grief & Serious Illness

Ridgewood YMCA - Rainbow Program

112 Oak Street
Ridgewood, NJ 07450
201-291-6000

NJ Hotlines

**New Jersey Division of Child Protection and Permanency
(DCPP) formerly DYFS**

Report Child Abuse or Neglect
877-652-2873

New Jersey Domestic Violence Hotline

800-572-7233

The Center for Alcohol and Drug Resources

241 Main Street, Suite 600
Hackensack, NJ 07601
201-206-0300

Substance Abuse Support Groups

Jewish Family Services - Twelve Steps/JACS

1185 Teaneck Road
Teaneck, NJ 07666
201-837-9090

West Bergen Mental Healthcare (Main Campus)

120 Chestnut Street
Ridgewood, NJ 07450
201-444-3550

Support Organizations for Special Education Students

Division of Developmental Disabilities (DDD)

100 Hamilton Plaza, 7th Floor
Paterson, NJ 07505
973-977-4004

Division of Vocational Rehabilitation Services (DVRS)

60 State Street, 2nd Floor
Hackensack, NJ 07601
201-996-8970

-Assistance with career planning

Crisis Support

Crisis Text Line

Suicide Prevention Lifeline

Ayuda en Español

Text "HOME" to 741-741

800-273-8255

888-628-9454

Additional Resources

Addiction Hotlines of NJ	800-238-2333
Al-Anon/Alateen national Hotline	888-425-2666
Covenant House of NJ	973-621-8705
Domestic Violence Talkline	800-572-7233
Gambling Hotline	800-426-2537
Girls & Boys Town National Hotline	800-448-3000
NJ Child Abuse Hotline	877-NJ-ABUSE
National STI Hotline	800-227-8922
NJ AIDS Hotline	800-624-2377
Planned Parenthood	201-489-1140
Poison Control	800-222-1222
Trevor Lifeline	866-488-7386
2nd Floor Youth Helpline	888-222-2228
Bergen Rape Crisis Center Hotline	201-487-2227
24 Hour Runaway Safeline	800-786-2929
Eating Disorders Helpline	800-931-2237
NJ 211 Helpline	877-652-1148

Online Resources

www.drugfree.org	www.njcasa.org
www.girlshealth.gov	www.cdc.gov
www.coventanhouse.org	www.ymcagbc.org
www.gytnow.org	www.teens.drugabuse.gov
www.beinggirl.com	www.rainn.org
www.nj211.org	www.cadca.org
www.getsmartaboutdrugs.com	www.2ndfloor.org
www.drugfacts4youngpeople.com	www.itgetsbetter.org
www.youngmenshealthsite.org	www.stopbullying.gov
https://www.thetrevorproject.org/get-help-now/	https://www.crisistextline.org